



PRESENTS THE
2010 NEW JERSEY NPC
GOLD'S CLASSIC
BODYBUILDING & FIGURE CHAMPIONSHIPS
SATURDAY, OCTOBER 30, 2010
LOCATION: Toms River East
1519 Hooper Ave Toms River, NJ
SPECIAL GUEST POSER

Contest Requirements: All contestants need a current NPC card (available at the contest)

Eligibility: Open to all NPC registered athletes (Unregistered athletes may purchase NPC cards at pre-judging check in)

Music: Contestants will provide their own music on quality CD's must be cued, labeled and ready to play, 60 second limit. CDs may be picked up following the contest



Times
Weigh In—9:00 am
Pre-Judging : 11:00 am
Finals: 6:00 pm



1st ENTRY FEE: \$35
CROSSOVER FEE: \$20
LATE FEE: \$45



NPC NATIONAL QUALIFIER FOR OPEN MEN AND WOMEN

GOLD'S CLASSIC ENTRY APPLICATION

DIVISION: \$35 Entry fee. Crossover fee \$20 each additional category. Contest Entered (check appropriate Box)

Crossover fee \$20 for masters and Novice/Open only. Cannot crossover between Novice and Open

OPEN MEN'S: Bantamweight—Under 143 lightweight 143 1/4-154 1/4 Middleweight 154 1/4- 176 1/4
 Light heavyweight 176 1/4- 198 1/4 Heavyweight 198 1/4 - 225 1/4 Super Heavyweight Over 225 1/4

OPEN MEN'S MASTERS: Over 35 under 176 1/4 Over 35 over 176 1/4 Over 45

NOVICE MEN'S: Lightweight 143 1/4- 154 1/4 Middleweight 154 1/4- 176 1/4
 Light Heavyweight 176 1/4- 198 1/4 Heavyweight 198 1/4

WOMEN'S FIGURE: Up to 5' 4" Up to 5'4" - 5'6" Over 5'6 Over 35

WOMEN OPEN: Lightweight up to including 125 Middleweight over 125 to 140 lbs Heavyweight over 140 lbs

WOMEN'S BIKINI: Up to 5'4" Over to 5'4"

Name _____ Age _____ Phone (_____) _____

Home Address _____ City _____ State _____ Zip _____

Tittles Won _____ E-mail _____ @ _____

Representing (gym or School) _____

Check Or Money Order : TOTAL\$ _____ Name Of Contest Entered _____

In consideration of your accepting this entry, I hereby, for myself, my heirs, executors and administrators waive and release any rights and claims for damages I may have against Gold's Gym Howell; National Physique Committee and their representatives and assigns for any and all injuries at said meet.

Mail Entry And Check or Money Order to: **GOLDS GYM**

4481 Route 9 North, Howell, NJ 07731

732-905-0999- goldsgymhowell@yahoo.com

Signature (If under 18 y/o Signature of parent or guardian)

Entry Deadline: October 22, 2010 LATE ENTRY \$45.00