



# 2011 NPC SUBURBAN

## BODYBUILDING, FITNESS & FIGURE CHAMPIONSHIPS



NATIONAL QUALIFIER

OPEN MEN & WOMEN • MASTERS MEN & WOMEN • MEN'S PHYSIQUE • NOVICE • FITNESS • TEENAGE • FIGURE • BIKINI  
**SATURDAY, APRIL 16, 2011**

**SANCTIONED BY:** National Physique Committee of USA, Inc.

**ELIGIBILITY:** Open to registered amateur athletes who hold a 2009 N.P.C. card, or may obtain one on show date for a \$90 fee. Teen & Masters must have proof of age.

**PLACE:** INTERNATIONAL HIGH SCHOOL  
 200 Grand Ave. , Paterson, NJ 07503

**TIME:** EVENING: SHOWTIME 7:00 PM  
 DOORS OPEN: 6:00 PM  
 CONTESTANT CHECK-IN: 9:00 AM  
 PREJUDGING: 10:30 AM

**MUSIC:** Contestants may bring a cassette tape or CD preset to a maximum of 60 seconds for all non-open and cross-over athletes Open Men and Women will have

**AWARDS:** a max time of 90 seconds. . If tape is not set DJ will play substitute music.  
 Men's Womens, Figure, Teen & Bikini - Trophies for 1st five place and overall. Fitness and Masters Woman trophies, for first five places

**ENTRY FEES:** \$45.00 MEN/WOMEN/FITNESS/FIGURE/PHYSIQUE  
 NOVICE/MASTERS/TEEN/BIKINI  
 DEADLINE: April 10, 2011  
 \$10.00 ADDITIONAL PENALTY FEE DAY OF SHOW ENTRY

**Contest Information: 973-523-2707 or MAZ @ Body Worx2008@hotmail.com**

### ENTRY APPLICATION

SEND CERTIFIED CHECK OR MONEY ORDER TO:

BODY WORX HARDCORE FITNESS CENTER, 273 MARSHALL ST., PATERSON, NJ 07503 TEL: 973-523-2707

**DIVISION CLASS**

- MEN'S OPEN**   Bantamweight up to 143 1/4 lbs.  
 Lightweight over 143 1/4 up to 154 1/4 lbs.  
 Middleweight over 154 1/4 to 176 1/4 lbs.  
 L/Heavyweight over 176 1/4 to 198 1/4 lbs.  
 Heavyweight over 198 1/4 lbs. to 225 1/4 lbs.  
 Super Heavyweight over 225 1/4 lbs.

- MEN'S PHYSIQUE**   One Class

- NOVICE MEN**   Lightweight over 143 1/4 up to 154 1/4  
 Middleweight over 154 1/4 to 176 1/4 lbs.  
 L/Heavyweight over 176 1/4 to 198 1/4 lbs.  
 Heavyweight over 198 1/4 lbs.

- MASTERS MEN**   Over 35 To 176.25lbs.  Over 45 One Class  
 Over 35 Over 176.25lbs.  Over 55 One Class

- WOMEN OPEN**   Lightweight up to including 125 lbs.  
 Middleweight over 125 to 140 lbs.  
 Heavyweight over 140 lbs.

- WOMEN'S FITNESS**   One Class

- WOMEN'S BIKINI**   Two Classes  
 Up to 5'4"  Over to 5'4"

- WOMEN'S FIGURE**   Up to and including 5'4"  
 Over 5'4" up to and including 5'6"  
 Over 5'6"

- WOMEN'S NOVICE FIGURE**   One Class

- MASTERS WOMEN BODYBUILDING**   One Class. Over 35

- MASTERS WOMEN FIGURE**   One Class. Over 35

- TEEN**   13-17 Years  
 18-19 Years

- MASTERS WOMEN BIKINI**   One Class. Over 35

PLEASE PRINT

NAME \_\_\_\_\_ AGE \_\_\_\_\_ TELEPHONE \_\_\_\_\_

ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ STATE/ZIP \_\_\_\_\_

CLUB REPRESENTING \_\_\_\_\_ TITLES WON \_\_\_\_\_

#### RELEASE FORM

In consideration of your acceptance of this entry, I hereby, for myself, my heirs, executors and administrators, and my assignees waive and release all rights and damages I may have against the National Physique Committee of the U.S.A., Inc., N.J. District. **NPC SUBURBAN APRIL 16, 2011** or any and all sponsors of the event, their representatives and assignees, for any and all injuries incurred by me in conjunction with the **2011 NPC SUBURBAN APRIL 16, 2011** and in travelling to and from them. And in further consideration of permission being granted to me to participate in the **NPC SUBURBAN, APRIL 16, 2011** and its related events. I hereby grant the NPC, and/or any other NPC approved video or entertainment organization and all of their agents, successors, licensees and assignees, the right to photograph or otherwise reproduce (whether by film, tape still photography or otherwise) my voice, appearance and name, and to exhibit, distribute, transmit and/or otherwise exploit any and all media, including without limitation, by means of still photography, motion pictures, radio, television, television motion pictures, video, printing or any other medium now known or hereafter devised, including also with respect to any merchandising, advertising and/or publicity and the right to use my name and information about me in connection with any of the foregoing. The rights granted me hereunder are granted for the entire universe and shall endure in perpetuity and no further compensation shall be payable to me at any time in connection therewith. Nothing contained herein shall be deemed to oblige you, the NPC and/or any other NPC approved video or entertainment organization to photograph or otherwise reproduce my voice, appearance or name, or to make use of any of the rights granted herein.

I also understand that the aforementioned rights may be reassigned at any time without further consent.

I understand you, the NPC and/or any other NPC approved video or entertainment organization, are video taping and photographing the Event in express reliance upon the foregoing and I represent and agree that I am free to grant the rights granted to you, the NPC and/or any other approved video or entertainment organization hereunder.

\_\_\_\_\_  
 Signature  
 Name (please print)

IF THIS RELEASE IS BEING SIGNED BY A PERSON LESS THAN EIGHTEEN (18) YEARS OF AGE, THE FOLLOWING MUST BE COMPLETED:

The undersigned is/are the parent(s)/legal guardian(s) of the above mentioned minor and is/are entitled to the sole care, custody and control of said minor.

The undersigned does hereby represent, agree and guarantee that the undersigned consent(s) to the execution by the minor of the Release, that the undersigned will not revoke such consent during the minority of the minor, that the undersigned has read the Release and is/are familiar with all the contents thereof, and that the minor shall fully and completely comply with all the terms of the Release.

\_\_\_\_\_  
 Parent(s) or Legal Guardian(s) Signatures