



Presenting

2011 NPC

SUBURBAN

BODYBUILDING • FITNESS • FIGURE & BIKINI

Men, Women, Novice, Teenage, Masters, Men's Physique, Women's Fitness, Figure & Bikini

SATURDAY, April 16, 2011

INTERNATIONAL HIGH SCHOOL

200 GRAND ST., PATERSON, NJ

For directions, information, applications & tickets call or write:

Maz Ali at Body Worx Hardcore Gym

TETERBORO

JERSEY CITY

273 Marshall Street, Paterson, NJ 07503 Tel : (973) 523-2707 or (201) 937-5143 Email: bodyworx2008@hotmail.com

NATIONAL QUALIFIER

MEN

Men's Open - 6 Classes

(Bantam, Light, Middle, Light Heavy, Heavyweight, Super Heavyweight)

Men's Novice - 5 Classes

(Bantam, Light, Middle, Light Heavy, Heavyweight)

Men's Physique - 1 Class

WOMEN

Women's Open

3 Classes (Light, Middle & Heavyweight)

Women's Fitness

One Class

Women's Figure

Novice

Women's Figure

Open Three Classes

Bikini

Open Two Classes

MASTERS

Men

2 Classes (Over 35 Heavy, Over 35 Light)

Men

Over 45

Over 55

Women Bodybuilding

Over 35 One Class

Women Figure

Over 35

Bikini

Over 35

TEENAGE

2 Classes

A - 13 - 17

B - 18 - 19



FINISH FIRST.



IFBB Pro

Vinnie Galante



IFBB Pro
Kai Green

2 Time Arnold Schwarzenegger Winner



FR Foils Inc.



IFBB Pro

Mike Van Wyck

TICKETS

Pre-Judging	\$20
Finals	\$35

TIME

Pre-Judging	11:00 am
Finals	7:00 pm

CHECK-IN

ALL CONTESTANTS
9:00 AM SHARP!

AWARDS

- * 5 PLACES EACH CLASS
- * PLUS OVERALL STATUE

PATERSON
RECREATION
CO-SPONSOR



BODY WORX
HARDCORE

FITNESS CENTER

273 Marshall St. Paterson, NJ
973-523-2707

IN MOTION Meals



BECAUSE LARGE ISN'T BIG ENOUGH.



Philadelphia
Juice Company



Wendy Lee



SPECIES
EVOLUTIONARY NUTRITION
SURVIVAL OF THE FITTEST



MuscleMeds
PERFORMANCE TECHNOLOGIES

DYMATIZE
NUTRITION